

Say my **NAME**

This clever
knot-front dress
is made of multiple
layers, making it a cosy
winter favourite!

Project **SAARA & LAURA HUHTA**
Named Patterns

Photography
ARTO MARKKANEN





MATERIALS & TOOLS:

- 1.9m of 60" wide firm jersey with good recovery
- 35cm (13¾") of 5mm-wide (¼") cotton stay tape or ribbon
- co-ordinating thread
- templates from www.lovesewingmag.co.uk

NOTES:

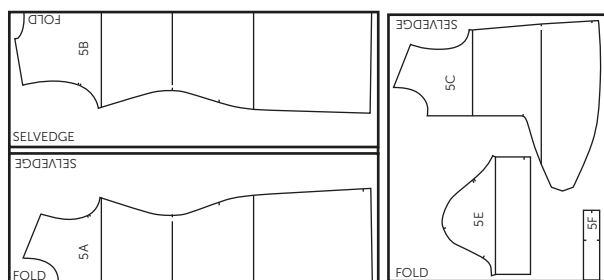
Seam allowance of 1cm (¾") is included unless otherwise stated
Finish all raw edges with a zigzag stitch or on an overlocker

HOW TO MAKE:

- 1 Cut out the pattern pieces and mark the notches.
- 2 Hem the front and bottom edges of the outer front pieces: first, press the tips of the corners to the WS. Press the front edge and the hem to the WS by 1cm (¾"), and then again by another 1cm (¾"). The hem narrows towards the notch at the centre front vent. Stitch using a sewing machine and straight stretch-stitch, pivoting at the corner. If needed, neaten the point of the hem with a few hand-stitches.
- 3 Finish the raw centre front edges. With a sewing machine and stretch stitch, sew the centre front seam to slightly below the hemmed edges of the vent, and press the seam allowances open. (See Pic A.)
- 4 Finish the raw edges of the shoulder seams using an overlocker and stay tape (see masterclass on page 43). Press the seam allowances towards the front.
- 5 Pin the outer front shoulder seams to the shoulder seams

CUTTING:

60"-wide fabric



Top tip!

Make sure that the fabric you intend to use for it has good recovery, so you don't end up with a neckline that gapes

SIZING:

FINISHED MEASUREMENTS	1	2	3	4	5	6	7	8	9
BUST	85.5cm	89.5cm	93.5cm	97.5cm	101.5cm	105.5cm	109.5cm	115.5cm	121.5cm
WAIST	69.5cm	73.5cm	77.5cm	81.5cm	85.5cm	89.5cm	93.5cm	99.5cm	105.5cm
HIP	90.5cm	94.5cm	98.5cm	102.5cm	106.5cm	110.5cm	114.5cm	120.5cm	126.5cm
LENGTH	93cm	93.5cm	93.5cm	94cm	94cm	94.5cm	94.5cm	95cm	95cm
SLEEVE LENGTH	21cm	21.5cm	21.5cm	22cm	22.5cm	23cm	23.5cm	24cm	24.5cm

of the front piece, with the WS of the outer front against the RS of the front piece. Pin the back piece and the front piece RST. Using a sewing machine and straight stretch stitch, sew the shoulder seams through all three layers. (See Pic B.)

6 Matching the notches, pin or tack (baste) the outer layer to the front piece at the neckline, armholes and side seams. (See Pic C.)

7 Sew the neckband by sewing the centre back seam of the neckband first. Press the seam allowances open.

Exclusive!

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8 Fold the neckband in half WS in. (See Pic D.)

9 Matching the notches, pin the neckband to the neckline and sew it in place. Press the seam allowances towards the bodice.

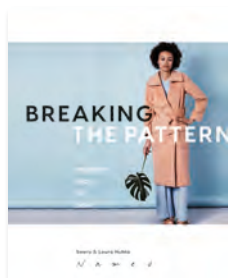
10 Matching the notches, sew the sleeves to the armholes, gently easing the sleeves into the armholes at the sleeve caps. Press the seam allowances towards the bodice. Finish the raw sleeve openings.

11 Sew the side seams and the underarm seams in one motion. Press the seam allowances towards the back.

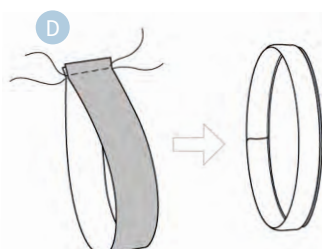
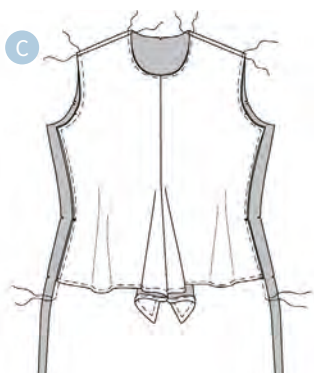
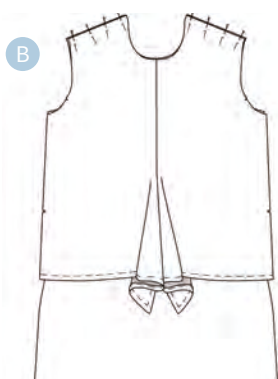
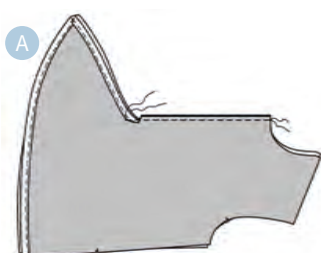
12 Finish the raw edge of the hem. Press the hem and the sleeve openings to the WS by 2cm ($\frac{3}{8}$ ") and sew close to the open edge using a sewing machine and a stretch stitch.

13 Press the dress to finish!

ABOUT THE BOOK



Breaking the Pattern by Saara & Laura Huhta (Quadrille £26)



MASTERCLASS STABLE SEAMS

1 Stabilising the shoulders of any jersey dress or T-shirt project using stay tape sewn into the seams:

2 Pin the front and back pieces RST at the shoulder seams.

3 With the front piece facing up, sew the shoulder seams using an overlocker (serger), sewing the stay tape in place at the same time.

4 Position the tape so that the left-hand needle sews through it and the blade cuts the fabric to the right of the tape, not through the tape itself.

5 Do not stretch or feed the stay tape, just allow it to go through the overlocker with the fabric.

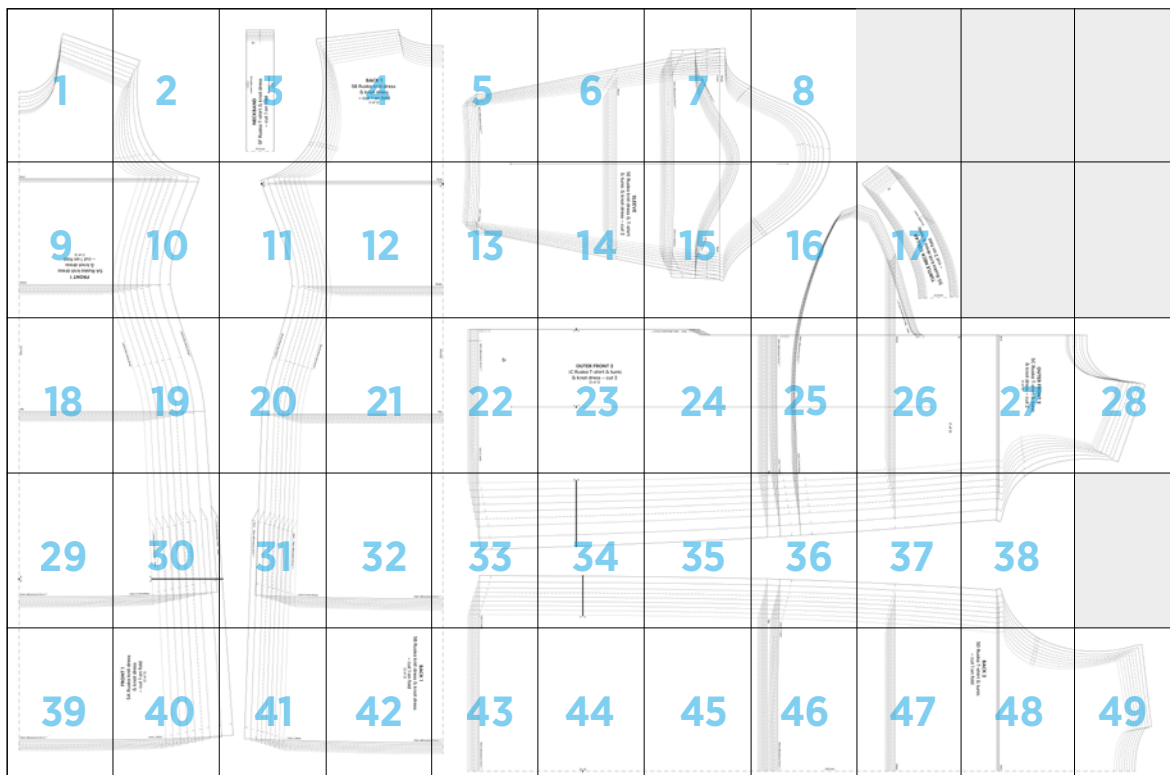
6 Trim off any excess tape in line with the fabric edge.

7 Press the seam allowances towards the front piece.

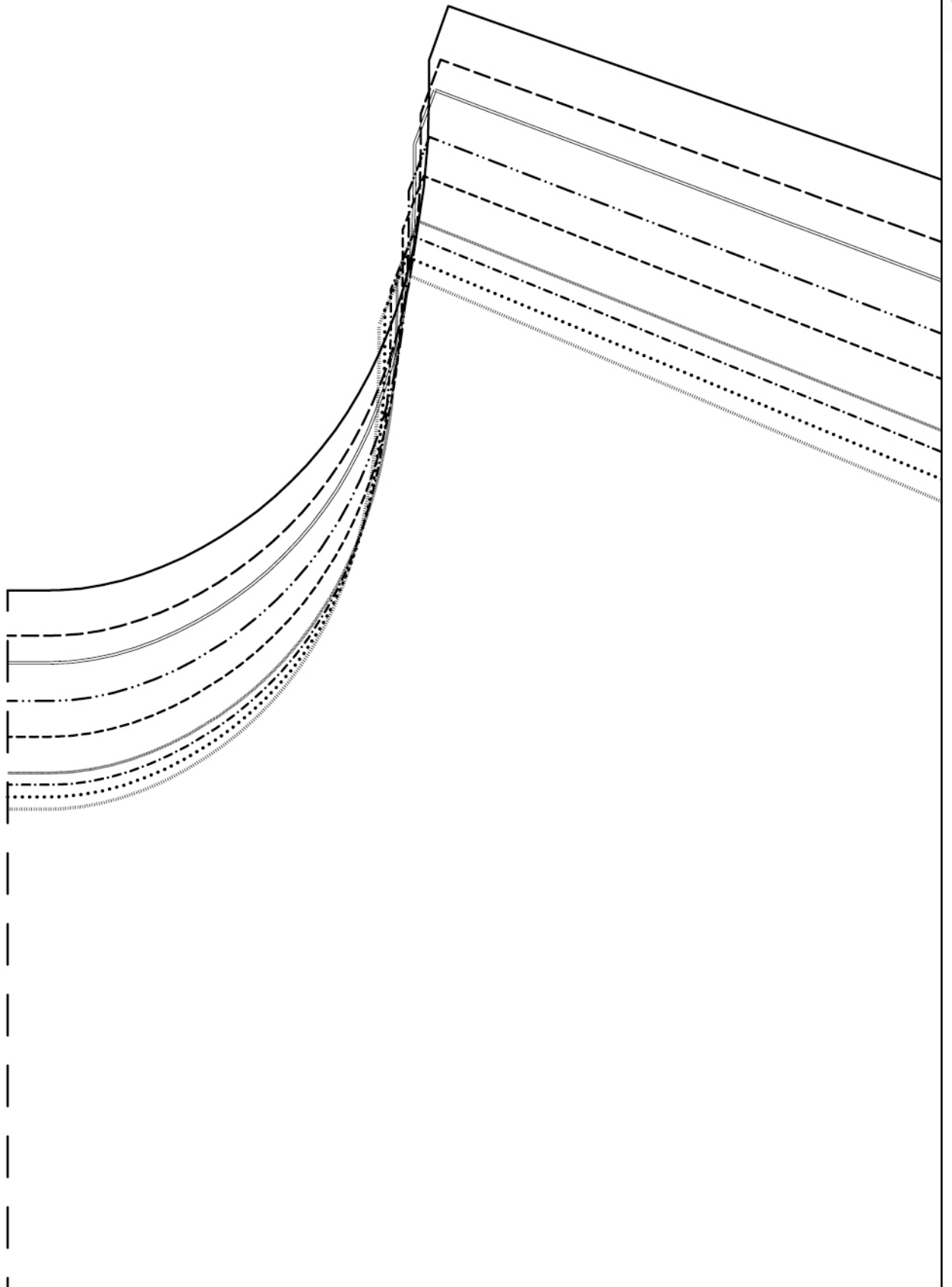
8 If you are using a regular sewing machine for construction, sew the shoulder seam first with a straight stretch stitch, and then attach the clear elastic to the seam allowance using a wide zigzag stitch.

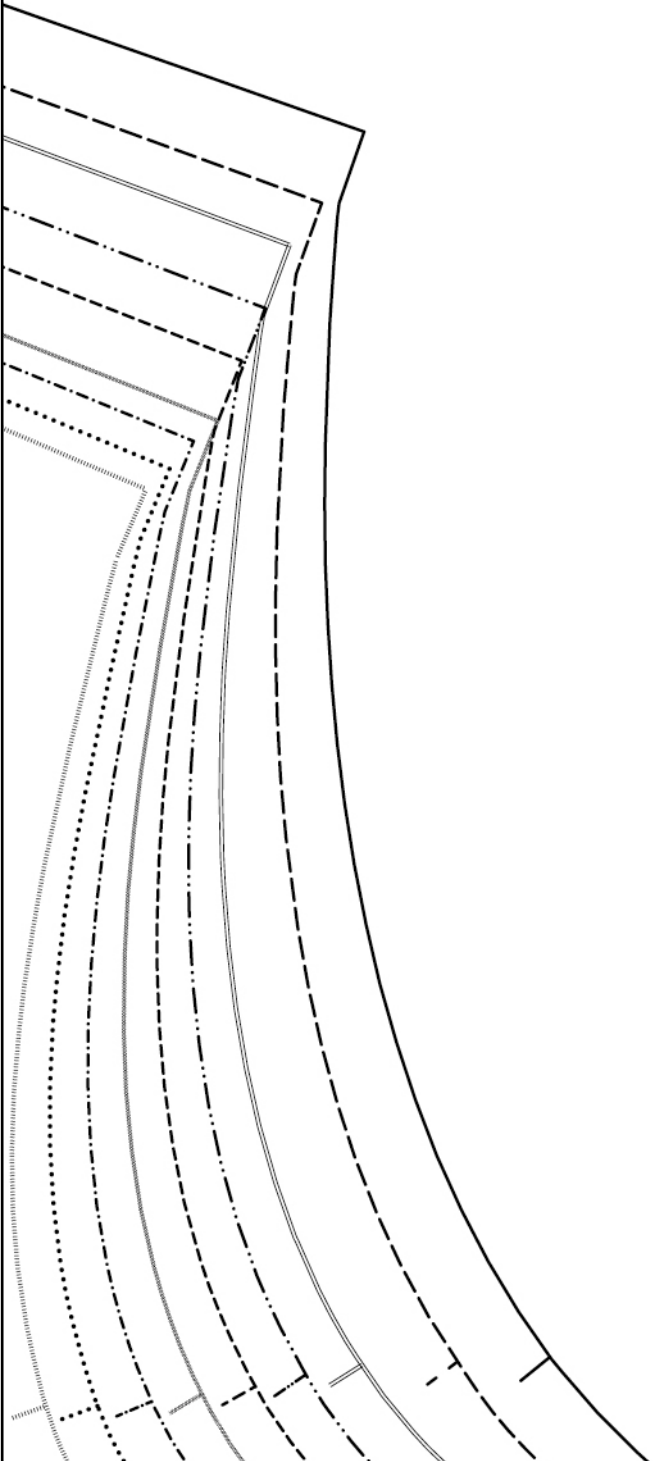


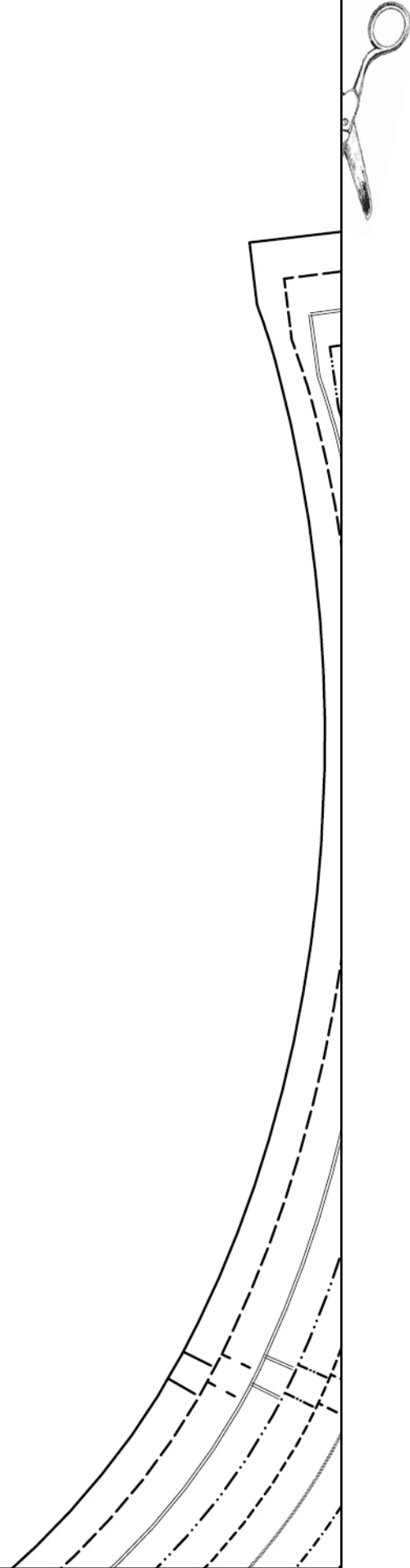
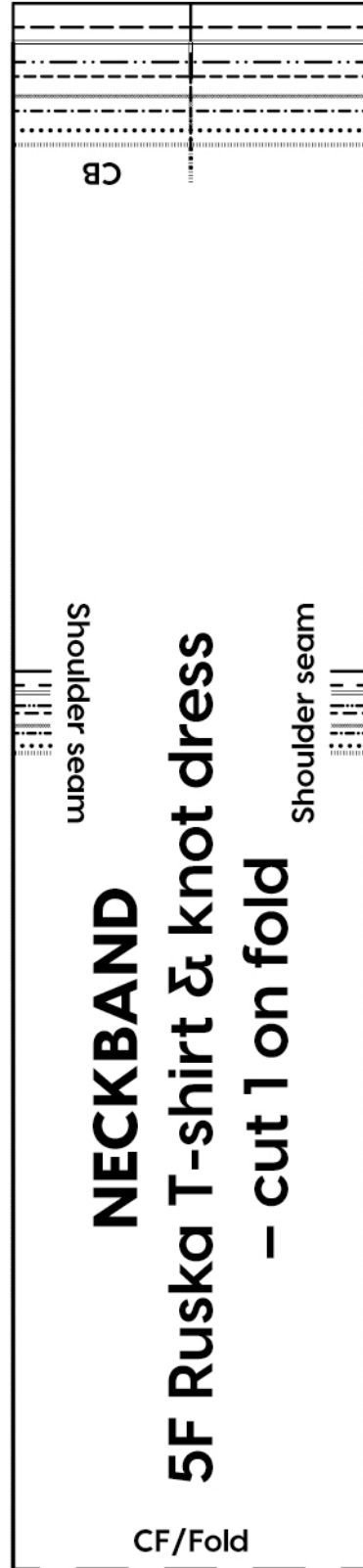
Knot Dress



1



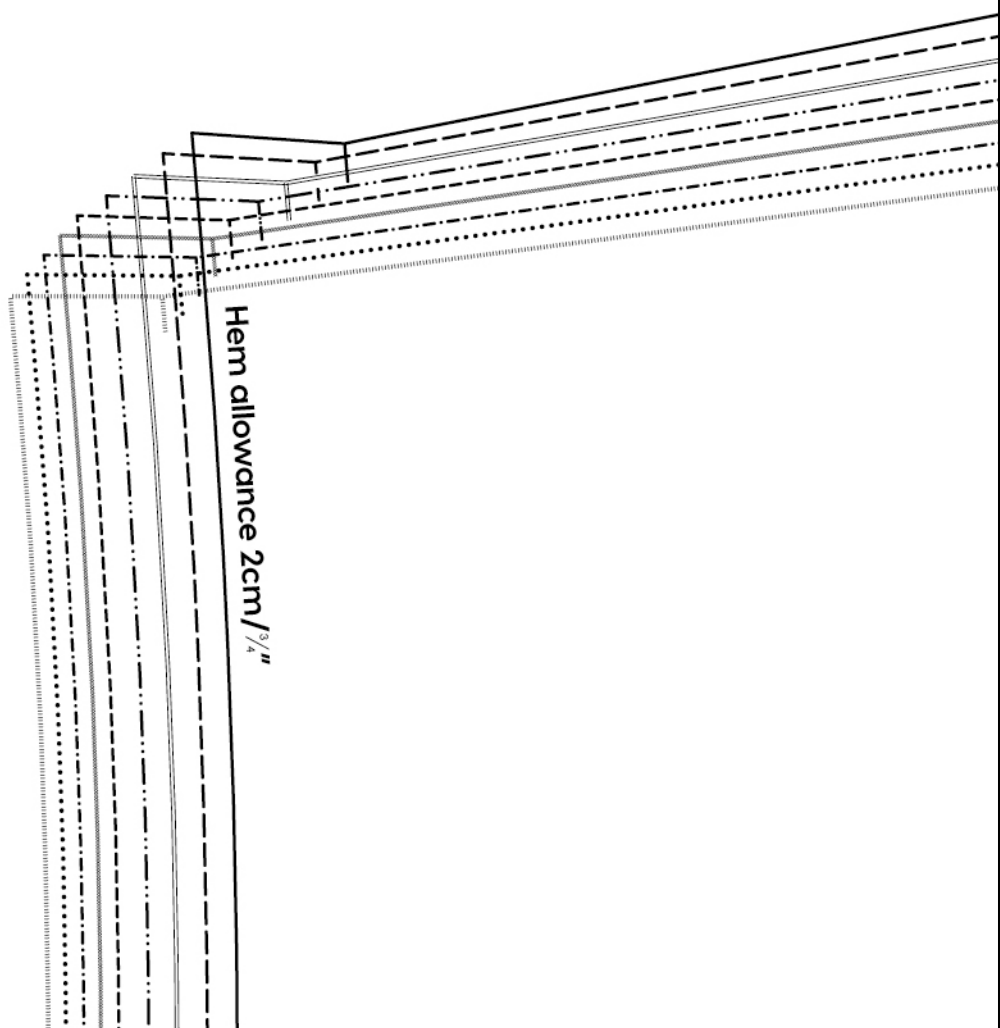
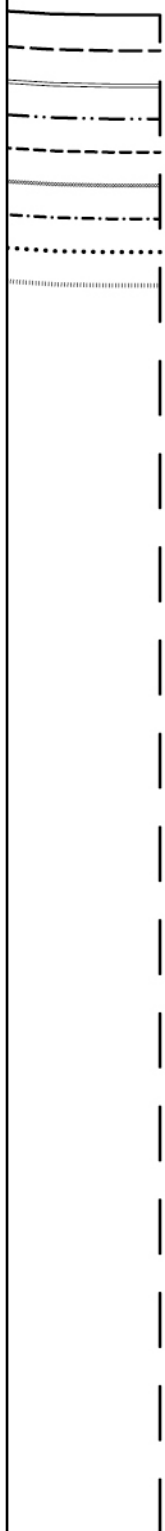


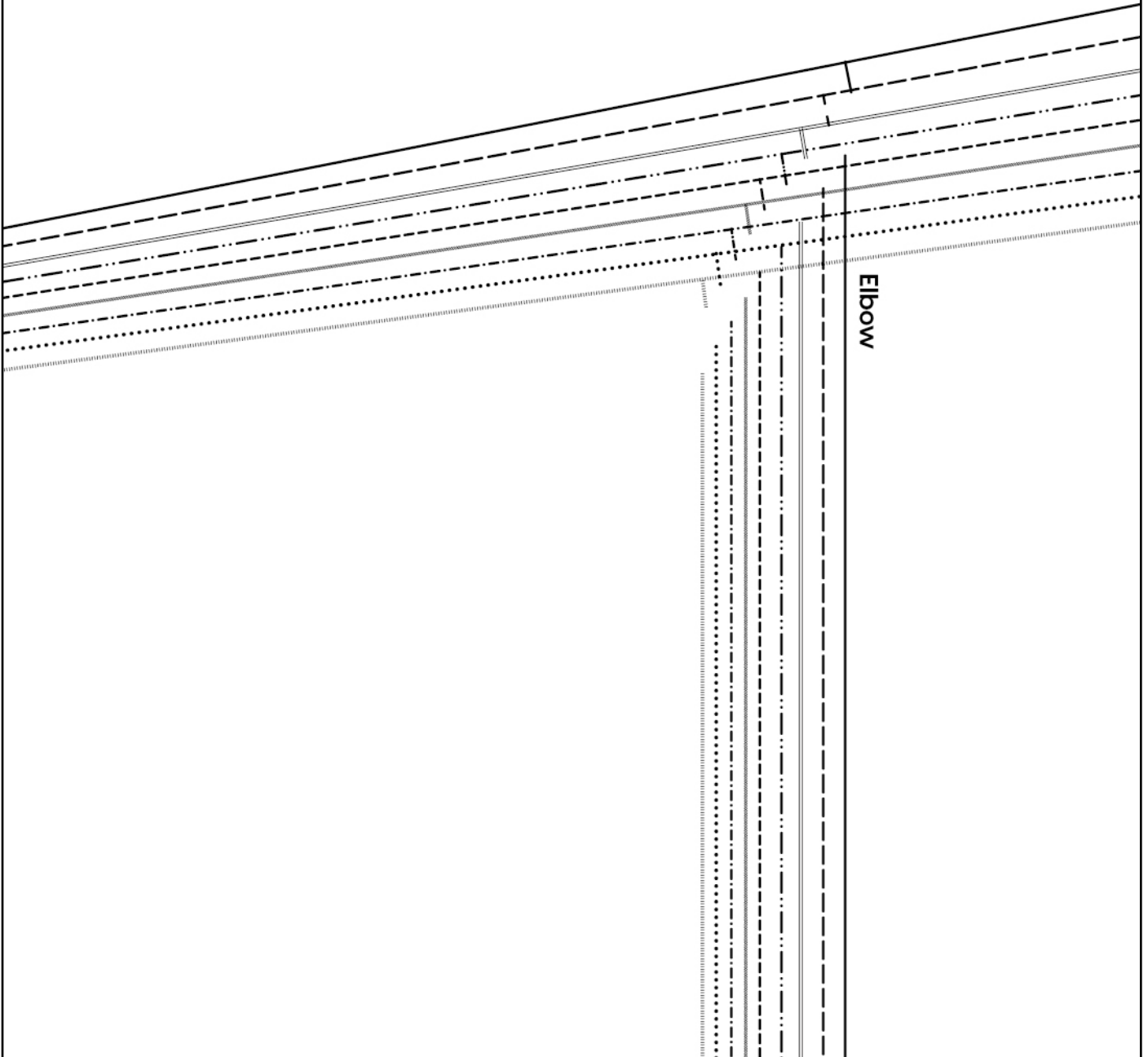


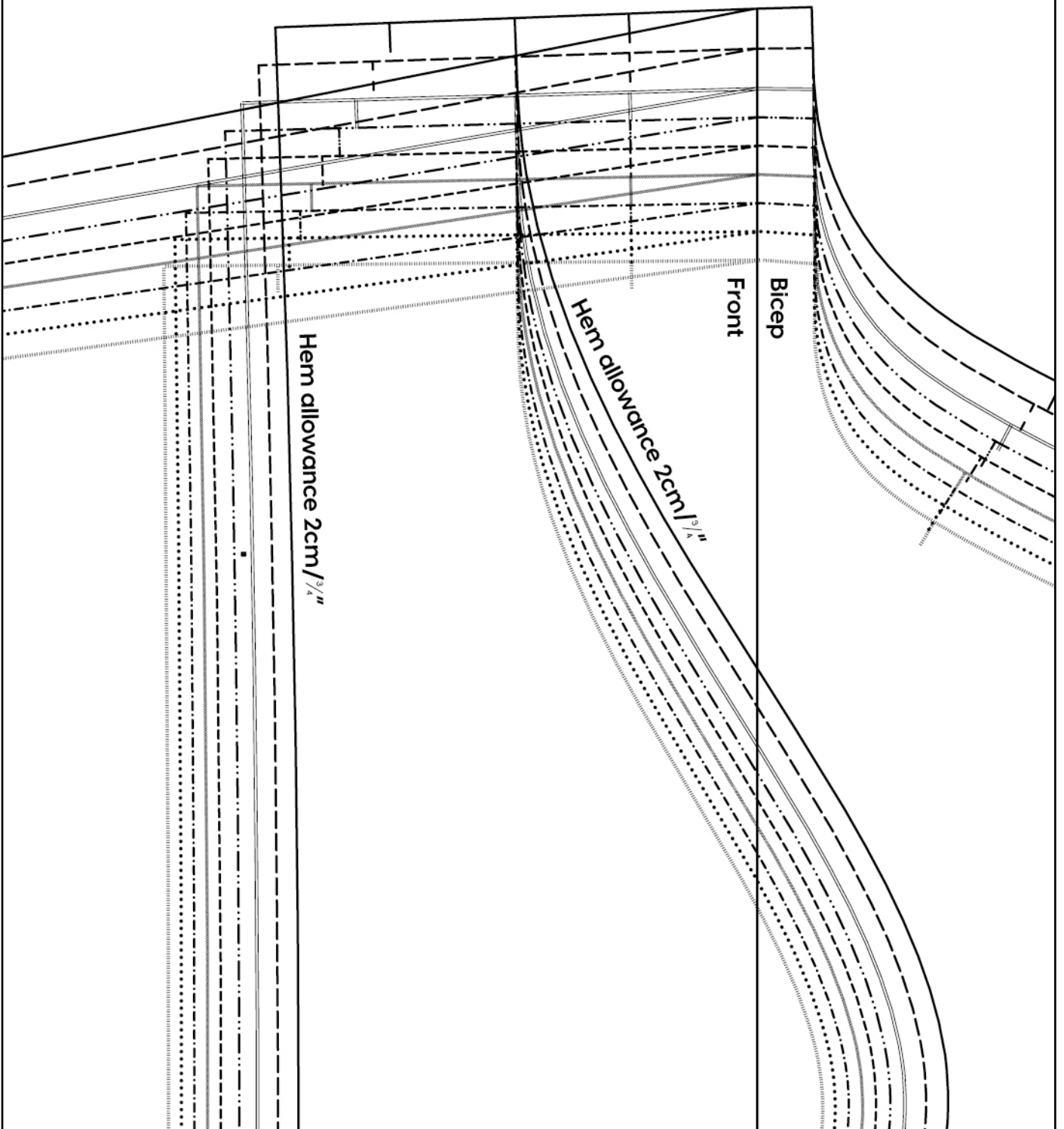
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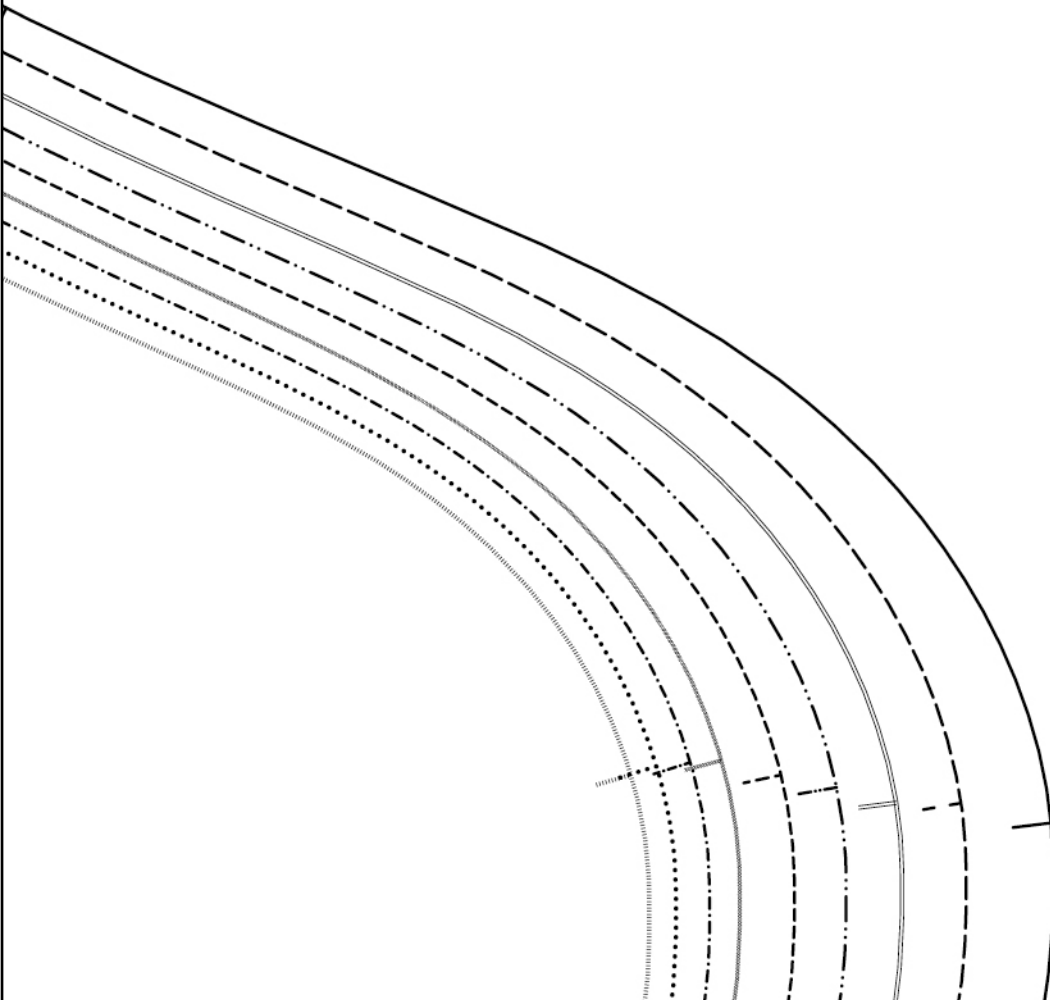


BACK 1
5B Ruska knit dress
& knot dress
– cut 1 on fold
(1 of 2)









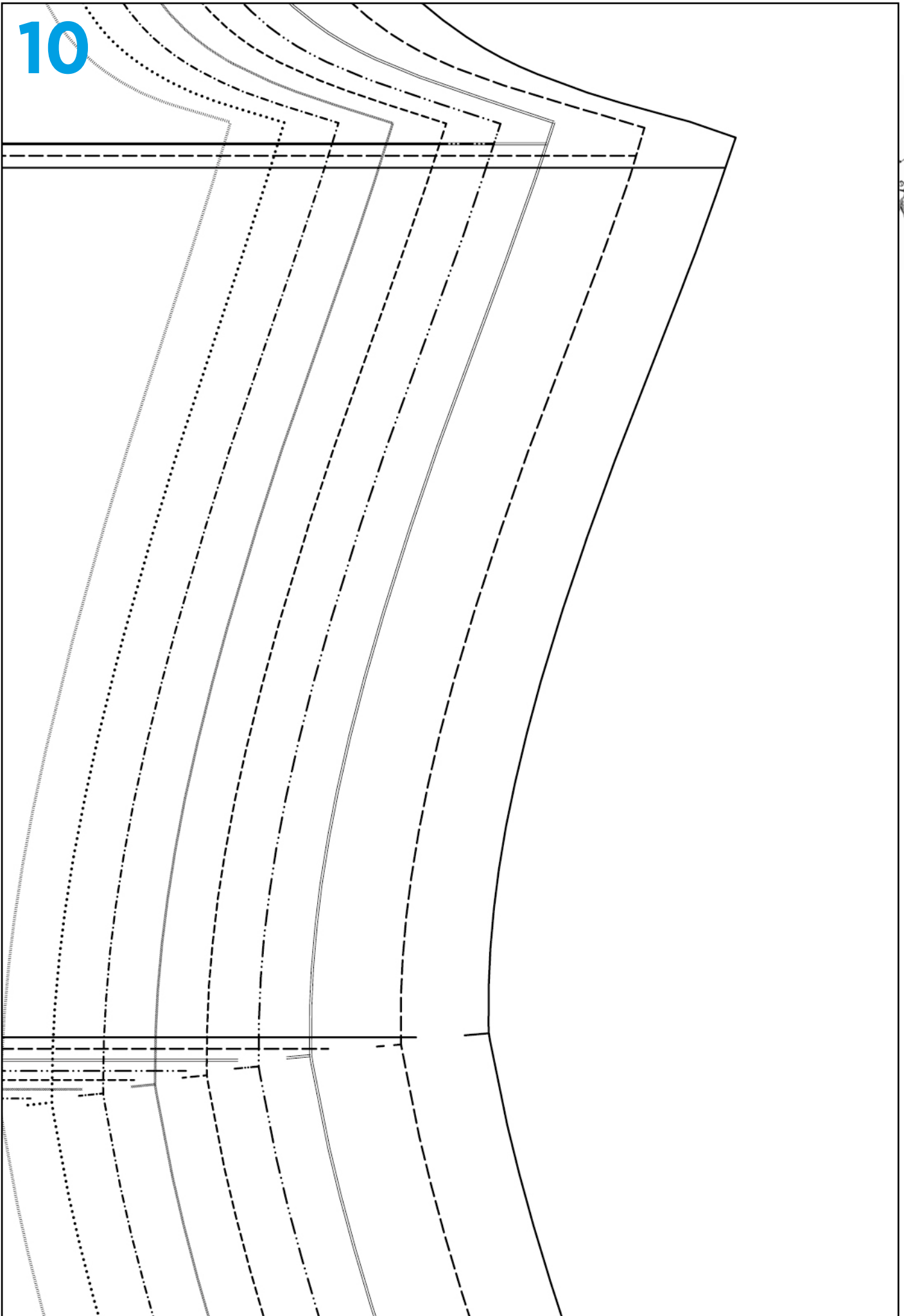
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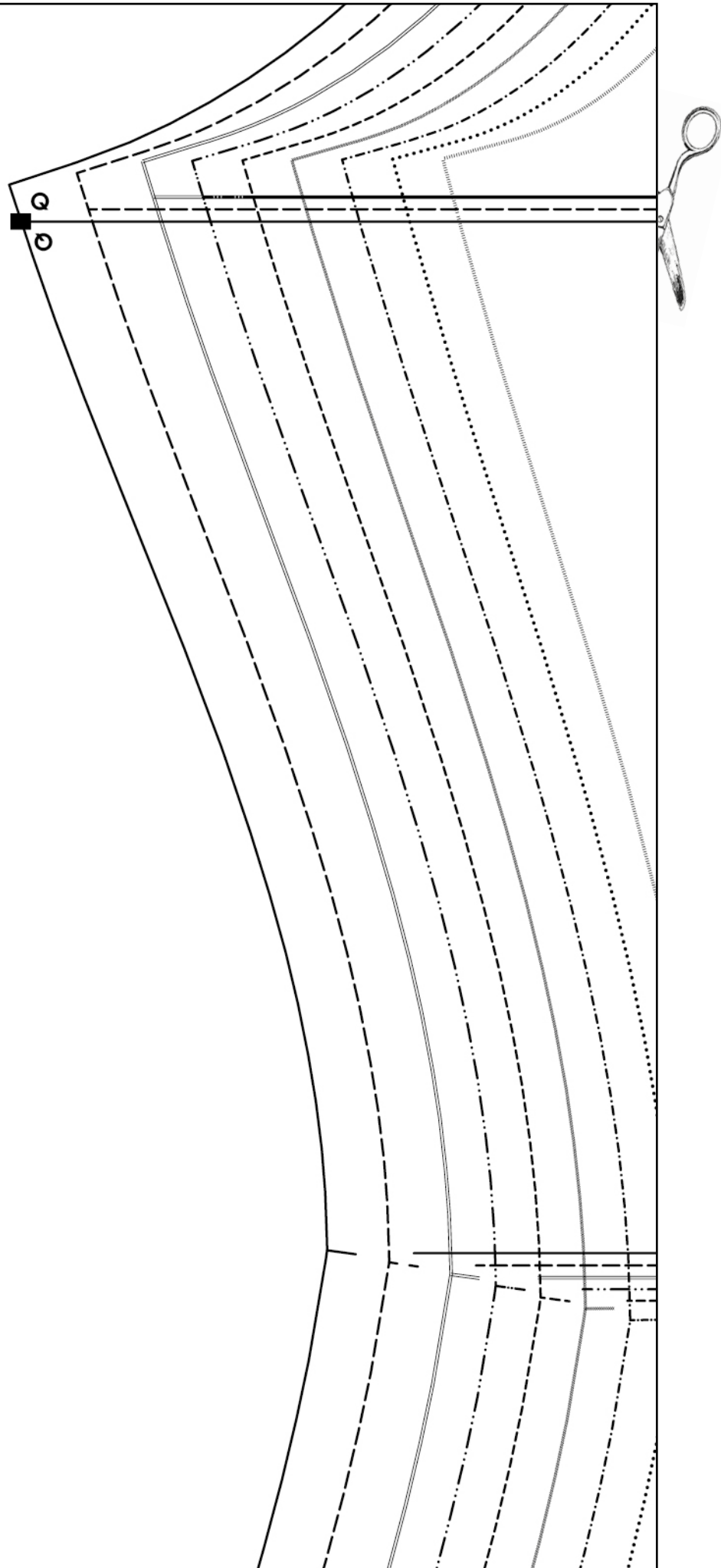
Bust



FRONT 1
5A Ruska knit dress
& knot dress
– cut 1 on fold
(1 of 2)

Waist







13

Bust

R

R

Line 1, long

Waist

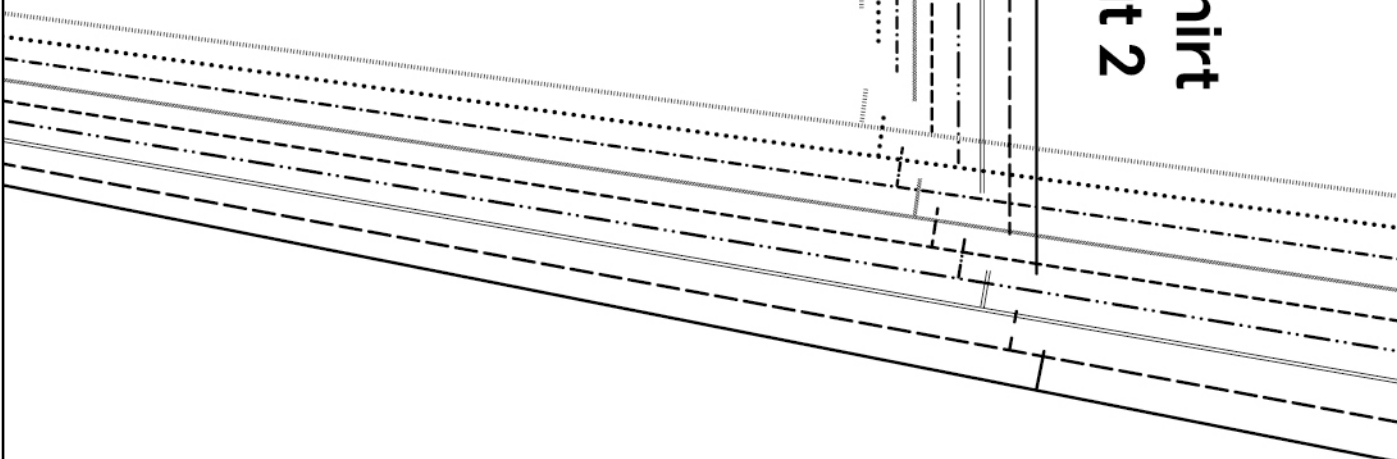


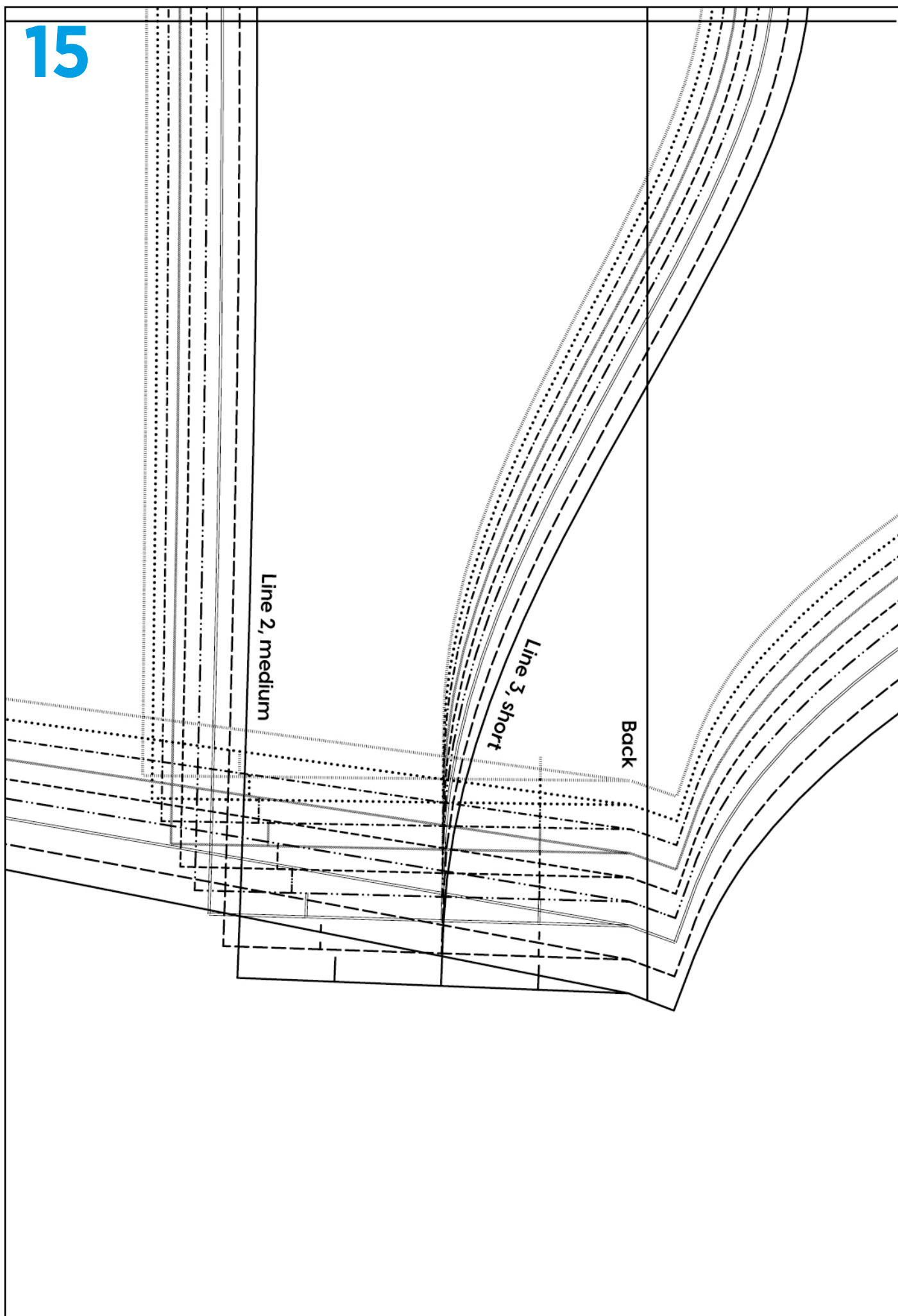


SLEEVE

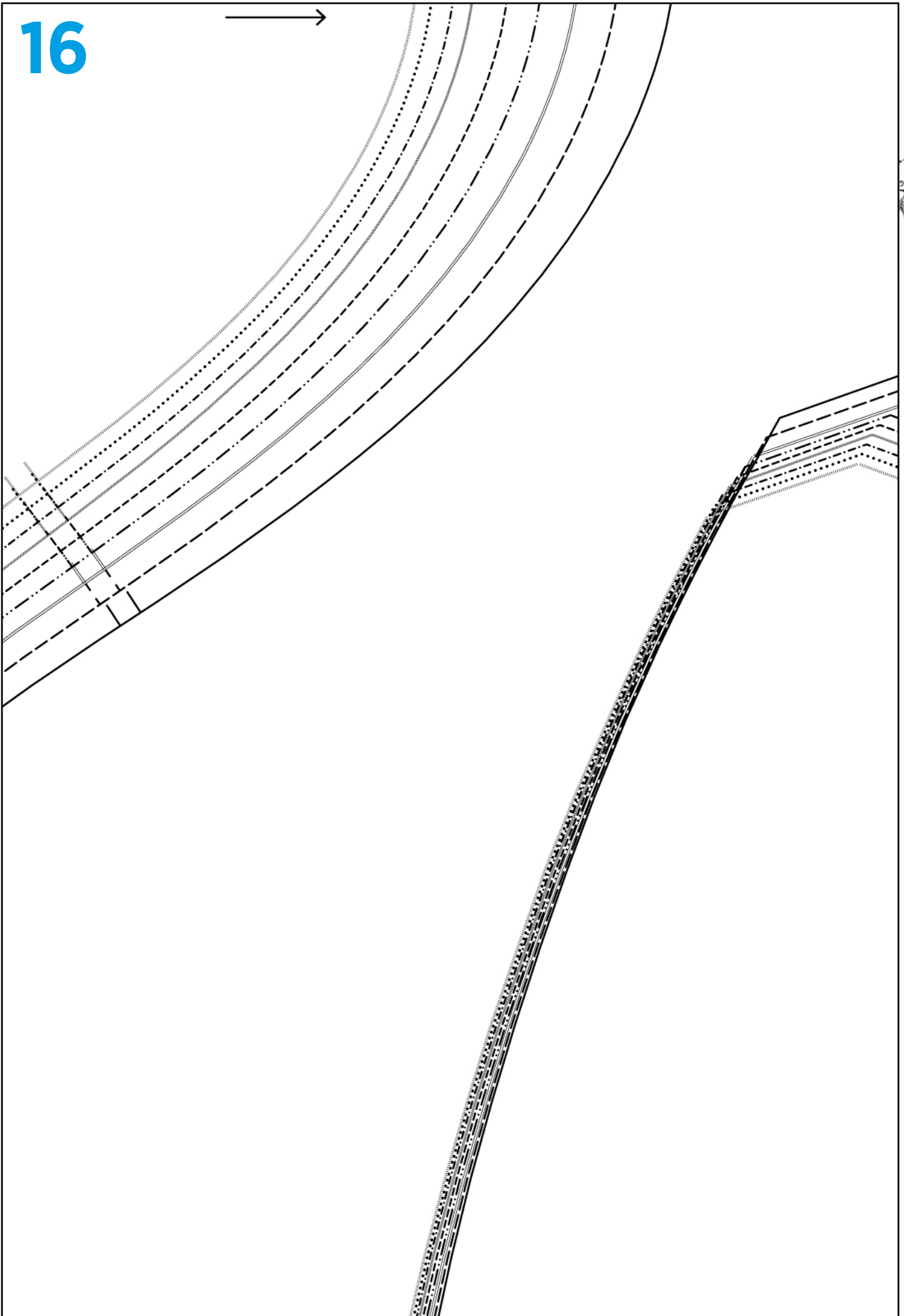
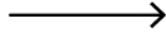
5E Ruska knit dress & T-shirt
& tunic & knot dress – cut 2

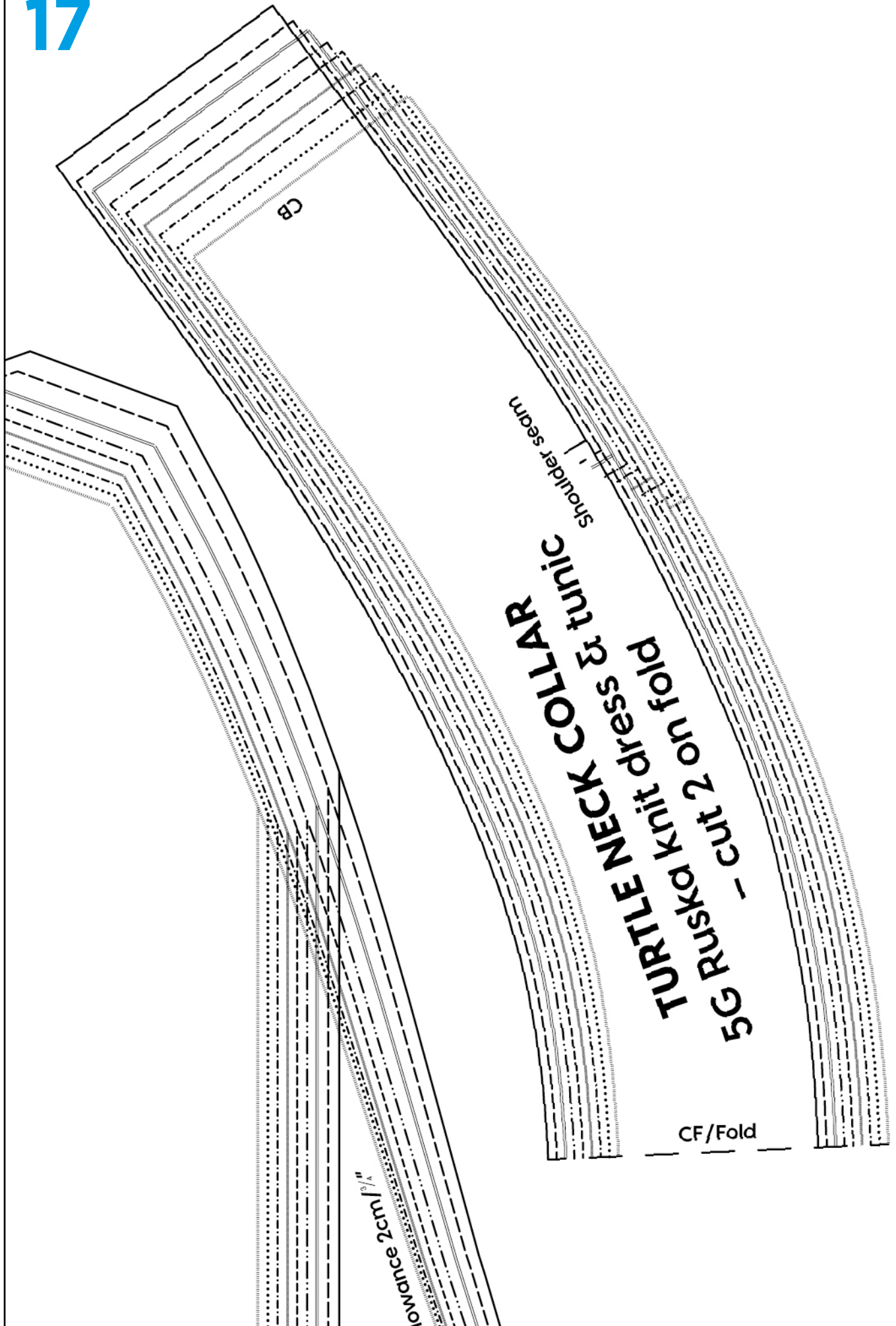
14





16





CF/Fold

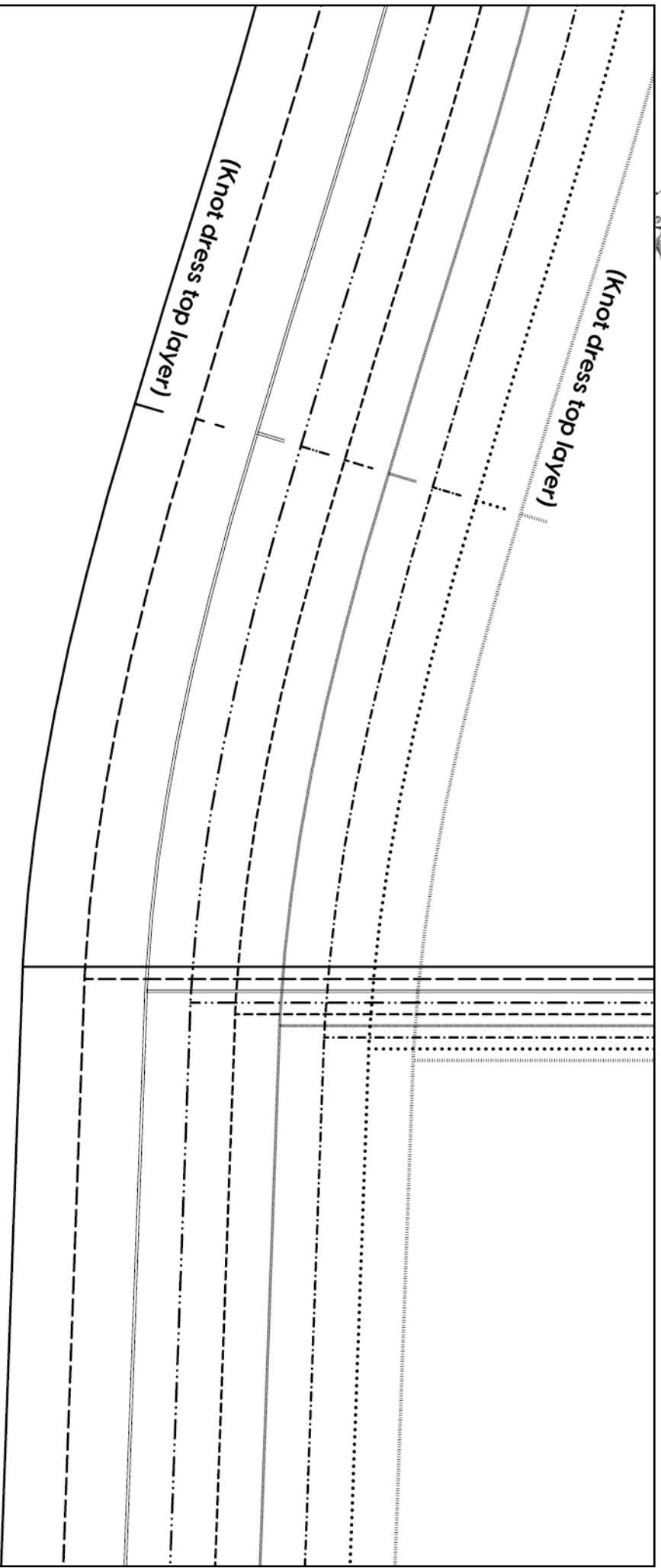
Hip



(Knot dress top layer)

(Knot dress top layer)







CB/Fold

Hip

Hem allowance 2cm/ $\frac{3}{4}$ "

Line 2, tunic

50



S S



OUTER FRONT 2

IC Ruska T-shirt & tunic & knot dress – cut 2 (2 of 2)

T T

Vent Hem allowance 2cm / 3/4"





25

Hem allowance 2cm/ $\frac{3}{4}$ "

Line 3, knot dress

Hem allowance 2cm/ $\frac{3}{4}$ "

Line 1, T-shirt

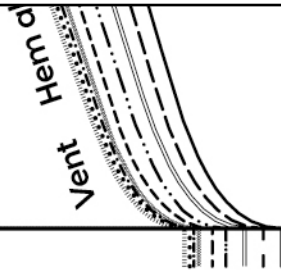
Hip



CF

(1 of 2)

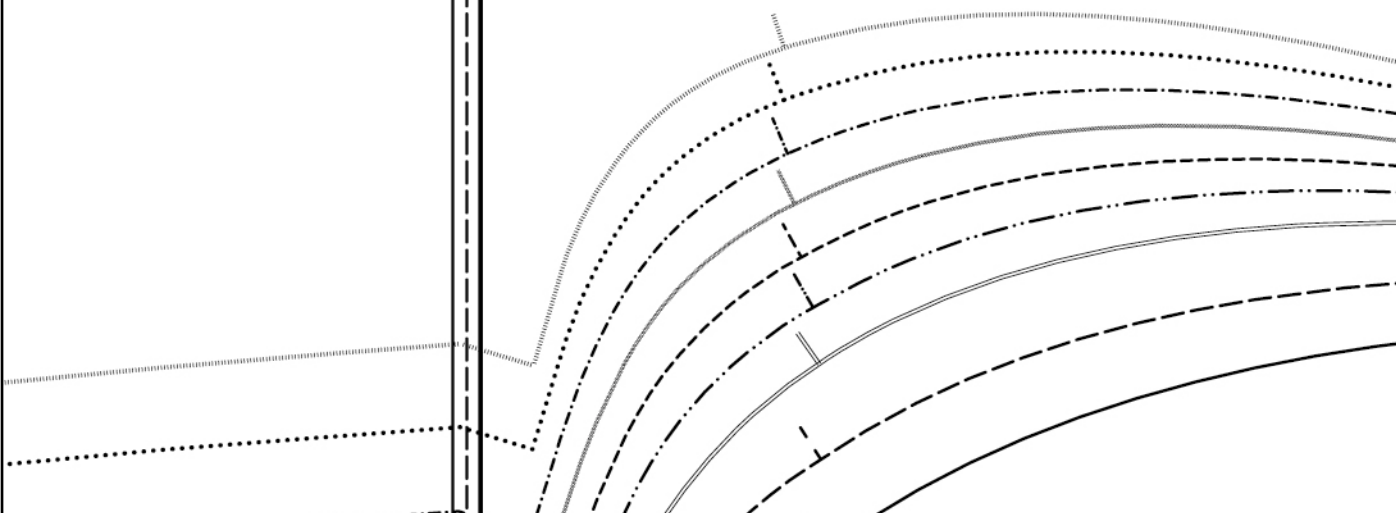
Waist

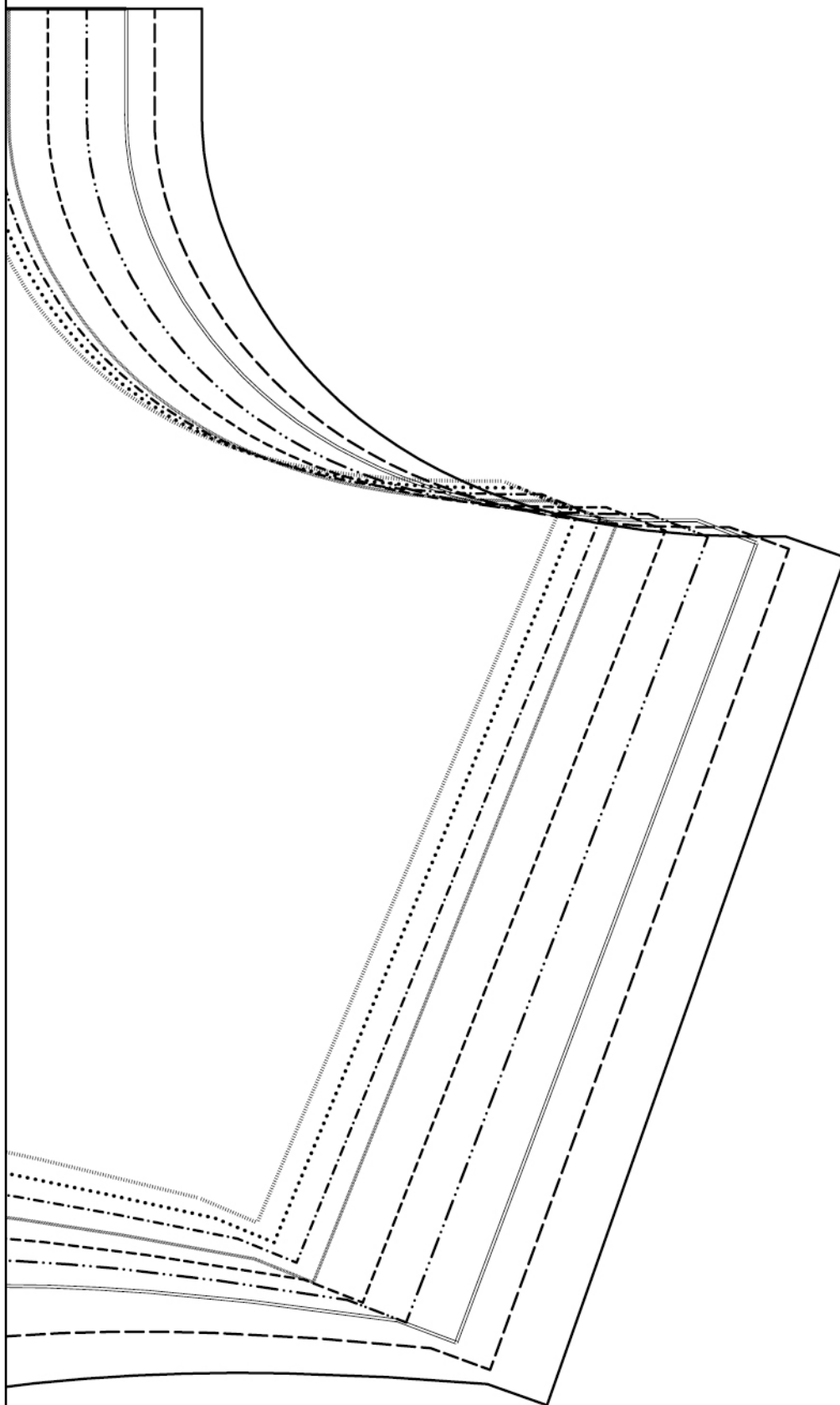




OUTER FRONT 2 **5C Ruska T-shirt & tunic** **& knot dress – cut 2** **(1 of 2)**

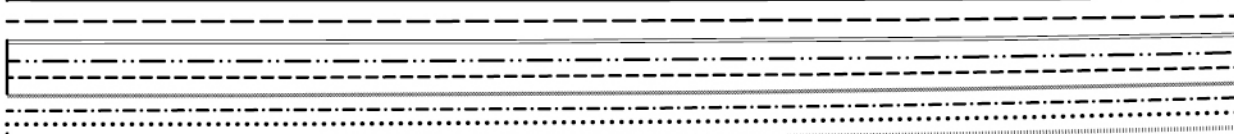
Bust







Hem allowance 2cm/ $\frac{3}{4}$ "



Line 2, knot dress

P
d

Vent Hem allowance 2cm / $\frac{3}{4}$ "

Vent Hem allowance 2cm / $\frac{3}{4}$ "





Vent Hem allowance 2cm/ $\frac{3}{4}$ "

Vent Hem allowance 2cm/ $\frac{3}{4}$ "

Line 2, knot dress



Hem allowance



2cm/ $\frac{3}{4}$ "

Line 2, tunic

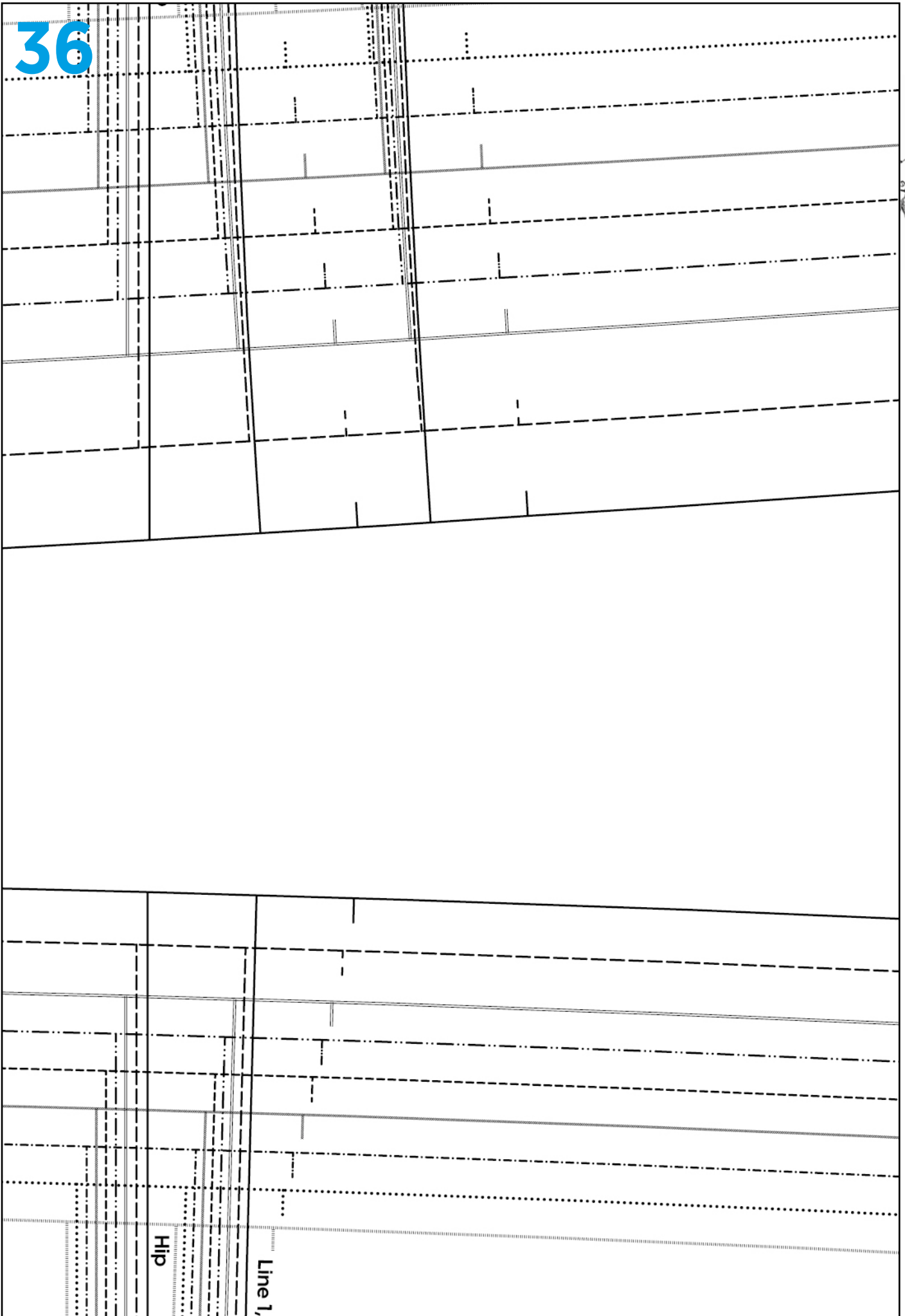


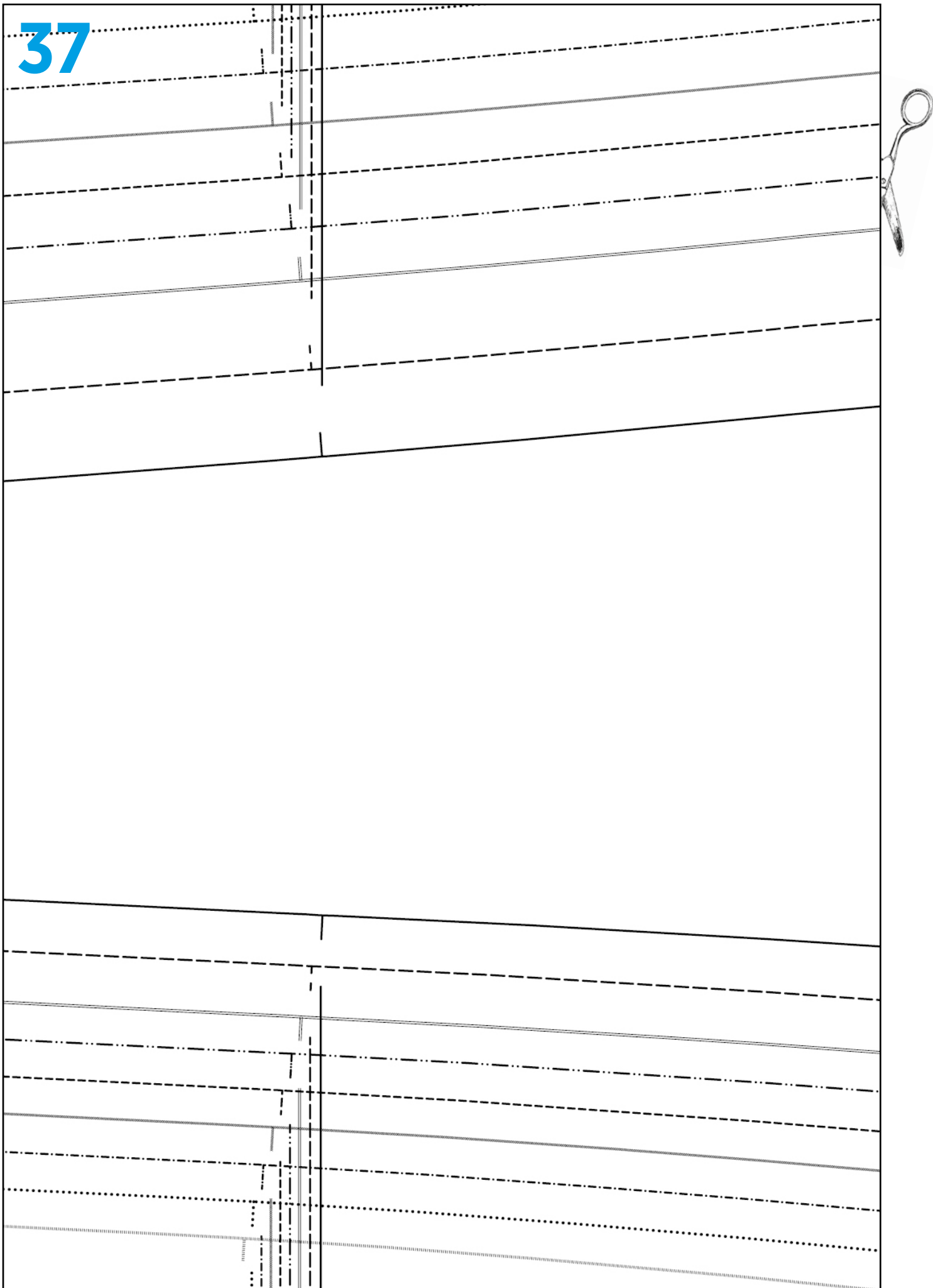
D C



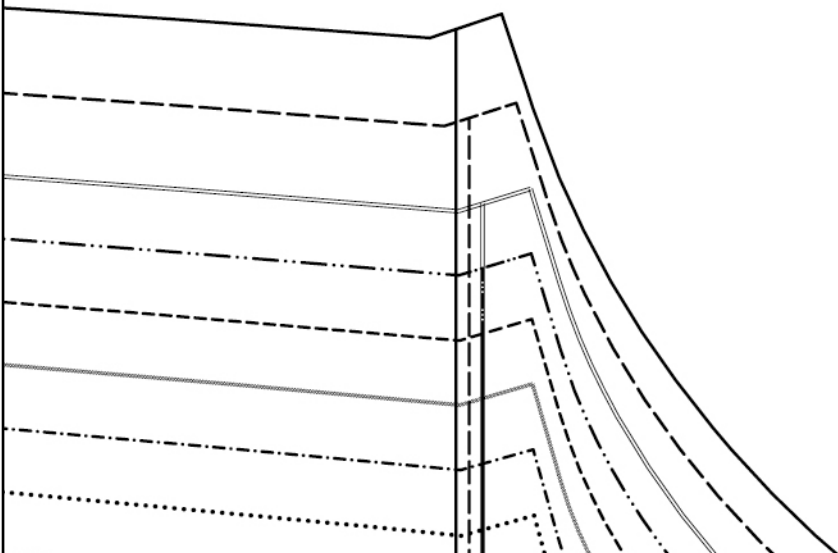
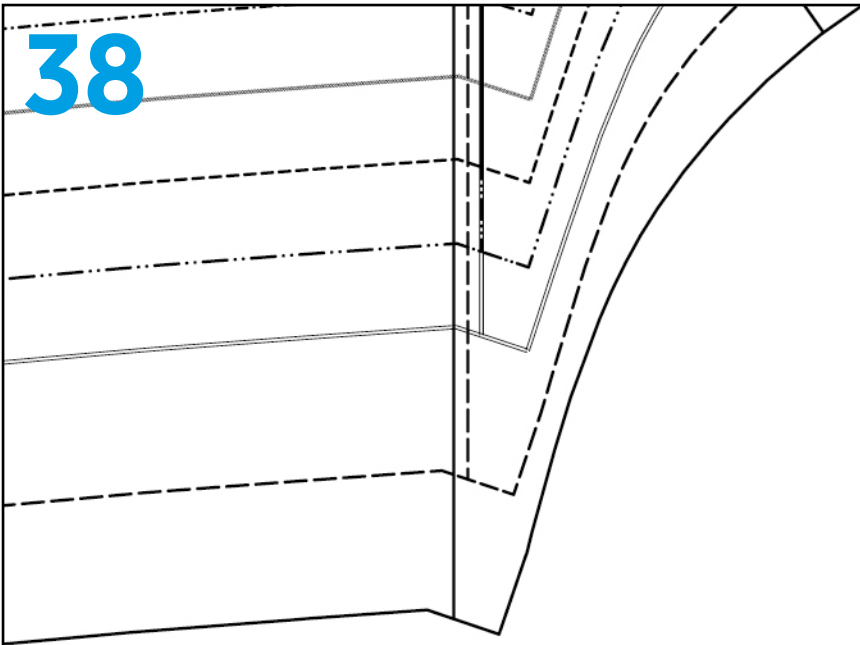
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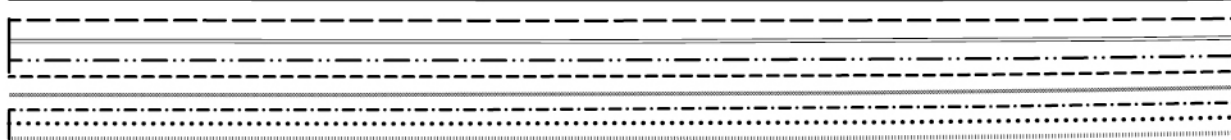


38





Hem allowance 2cm/³/₄"



40

FRONT 1
5A Ruska knit dress
& knot dress
– cut 1 on fold
(2 of 2)

Line 1, dress





Line 1, dress

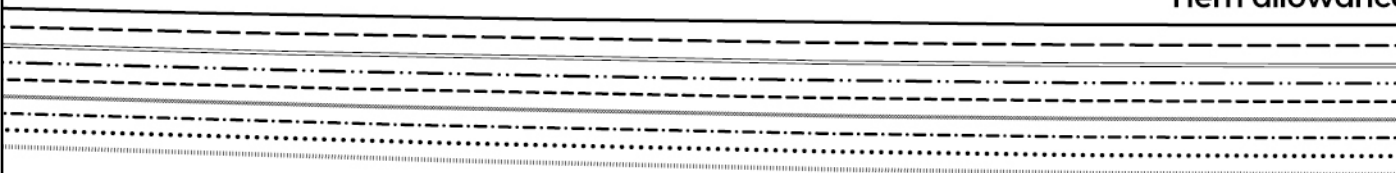


BACK 1

5B Ruska knit dress & knot dress

– cut 1 on fold
(2 of 2)

Hem allowance



2cm / $\frac{3}{4}$ "

Hem allowance 2cm / $\frac{3}{4}$ "







T-shirt

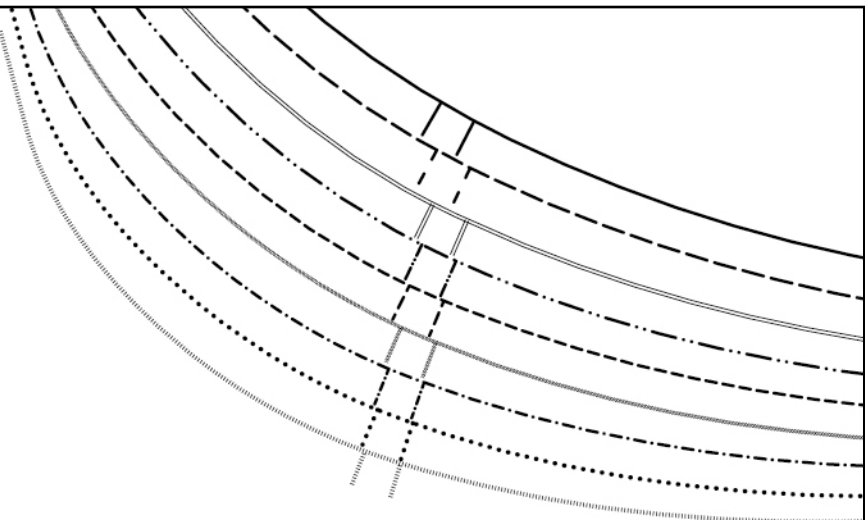
Hem allowance 2cm / $\frac{3}{4}$ "

CB/Fold





Waist



Bust

BACK 2

5D Ruska T-shirt & tunic
– cut 1 on fold

48

